



# Carew Tower

## Burgers, Sandwiches & Wraps

Served all day.

**BIG BOY®**  
1/4 lb. of beef\* with cheese, lettuce, pickle and Frisch's Original Tartar Sauce on a double-decker bun.  
4.59 | 720 cal

**SUPER BIG BOY™**  
1/2 lb. of beef\* with cheese, lettuce, pickles and Frisch's Original Tartar Sauce on a double-decker bun.  
6.89 | 1260 cal

**BRAWNY LAD®**  
1/4 lb. of beef\* with a slice of onion on a toasted rye bun.  
4.49 | 470 cal

**BUDDIE BOY®**  
Deli-sliced ham topped with melted Swiss cheese, tomatoes, lettuce and Frisch's Original Tartar Sauce on a toasted French roll.  
4.59 | 520 cal

**SWISS MISS**  
1/4 lb. of beef\* with Swiss cheese, lettuce and Frisch's Original Tartar Sauce on a rye bun.  
4.59 | 730 cal

**FISH SANDWICH**  
Two hand-breaded, crispy cod fillets with lettuce and Frisch's Original Tartar Sauce served on a toasted bun.  
6.59 | 700 cal

**GRILLED CHICKEN SANDWICH**  
Grilled chicken breast with lettuce and mayonnaise.  
*Available as a Crispy Chicken Sandwich.* 850 cal  
5.79 | 560 cal

**GRILLED CHEESE**  
Made with Frisch's homemade Texas toast.  
4.59 | 520 cal

**CHICKEN CLUB WRAP**  
Crispy chicken breast with bacon, tomatoes, lettuce, carrots, cheddar cheese and ranch dressing wrapped in a tortilla.  
*Available as a Grilled Chicken Club Wrap.* 700 cal  
5.79 | 920 cal

**TURKEY CLUB WRAP**  
Fresh roasted turkey breast with bacon, tomatoes, lettuce, carrots, cheddar cheese and ranch dressing wrapped in a tortilla.  
5.79 | 670 cal

**PRIMETIME™ CLASSIC CHEESEBURGER**  
Premium ground beef\* with melted cheddar cheese and Frisch's Original Tartar Sauce on a brioche bun.  
6.89 | 1090 cal  
*Add Bacon* +1.00 | +70 cal

**PRIMETIME™ MUSHROOM & SWISS CHEESEBURGER**  
Premium ground beef\* with melted Swiss cheese, sautéed mushrooms and onions served on a brioche bun.  
7.09 | 1020 cal

**PRIMETIME™ SOUTHWEST VEGGIE BURGER**  
Black bean burger with salsa, red onions and leaf lettuce served on a brioche bun.  
6.49 | 530 cal

### Make it a Platter

Add two classic sides to your sandwich. 3.39  
Add one classic side and Soup, Salad 'n Fruit Bar. 6.89

## Dinners

Add Soup, Salad 'n Fruit Bar +6.29.

**CRISPY CHICKEN TENDERS**  
Five crispy, white-meat chicken tenders with your choice of sauce. Served with two classic sides and a freshly baked dinner roll.  
9.29 | 1005-1910cal | **3 PC. Dinner** 6.89 | 685-1590 cal

**GRILLED CHICKEN BREAST**  
Skinless chicken breast lightly seasoned in marinade and grilled. Served with two classic sides and a freshly baked dinner roll.  
8.79 | 425-1330 cal  
*Available with Teriyaki Marinade* +1.00 | +45 cal

**CHILI AND SPAGHETTI**  
Our chili with beans, spaghetti and Parmesan cheese. Served with one classic side and garlic toast.  
6.89 | 905-1370 cal

**ITALIAN SPAGHETTI**  
Served with one classic side and garlic toast.  
6.89 | 745-1210 cal

**TRADITIONAL FISH & CHIPS**  
Three crispy cod fillets and crinkle cut fries. Served with Frisch's Original Tartar Sauce.  
9.99 | 1550 cal

## Soups and Chili

Served all day.

At Frisch's, we take great pride in making our own soups and chili in the Frisch's Kitchen using fresh ingredients. Vegetable soup and chili are served every day along with a rotating soup of the week.

**VEGETABLE SOUP OR SOUP OF THE WEEK**  
Ask your server for our current selections.  
**Cup** 2.29 | 140-550 cal | **Bowl** 3.19 | 280-1100 cal

**CHILI WITH BEANS**  
**Cup** 3.49 | 300 cal | **Bowl** 4.59 | 600 cal

## Soup, Salad 'n Fruit Bar

MONDAY-FRIDAY — AFTER 11AM

SATURDAY AND HOLIDAYS AFTER 1PM, SUNDAY AFTER 2PM

Selections will vary. For their safety, children under the age of 12 should be accompanied by an adult.  
See buffet for calorie declarations. 7.99 per person.

## Classic Sides

**APPLESAUCE** 1.09 | 120 cal

**HAND-BREADED ONION RINGS** 3.19 | 410 cal

**SWEET POTATO FRIES** 2.69 | 470 cal

**TOSSED SALAD** 2.59 | 90 cal

### 2.29 Sides

**BAKED APPLES** 210 cal

**COLE SLAW** 190 cal

**COTTAGE CHEESE** 110 cal

**CRINKLE CUT FRIES** 440 cal

**GREEN BEANS** 30 cal

**MASHED POTATOES & GRAVY** 190 cal

**MACARONI & CHEESE** 220 cal

**SPICY SPUDS** 330 cal

**STEAMED BROCCOLI** 25 cal

**TATER TOTS** 490 cal

A 2,000 calorie daily diet is used as the basis for general nutrition advice; individual needs may vary.  
Additional nutrition information available upon request.

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.



# Carew Tower

## Entrée Salads

### CHICKEN BLT SALAD

Crispy or grilled chicken, bacon bits, tortilla strips, tomatoes, cheese and lettuce.  
7.29 | 540-750 cal

### COBB SALAD

Deli-style turkey, bacon, cheddar cheese, blue cheese crumbles, chopped egg, red onion, tomatoes and lettuce.  
8.39 | 510 cal

**Choose Your Dressing:** Balsamic Vinaigrette, Frisch's Homemade Blue Cheese, French (fat-free), Honey Mustard (fat-free), Italian, Frisch's Homemade Ranch and Frisch's Homemade Thousand Island. | 30-320 cal

## Kids Meals

### Kids Meals for children 12 and under.

Includes a choice of Kids Soft Drink or Small Milk. Juice +20¢. Kids Milk Shakes +90¢. Free refills on Kids Soft Drinks only.

### KIDS SOUP, SALAD 'N FRUIT BAR

A la carte 6.89

Add to your Kids Meal +4.59

Free Kids Soup, Salad 'n Fruit Bar for each child under the age of 3 with each adult Salad Bar purchased. Beverage not included with Free Kids Soup, Salad 'n Fruit Bar.

### KIDS BREAKFAST BAR

Children 12 and under 7.59

Free Kids Breakfast Bar for each child under the age of 3 with each adult Breakfast Bar purchased. Beverage not included with Free Kids Breakfast Bar.

### PANCAKES WITH BACON OR SAUSAGE

4.79 | 820-950 cal

### GRILLED CHEESE AND FRIES 4.49 | 690 cal

**HAMBURGER AND FRIES 4.39 | 850 cal**  
With Cheese 4.59 | 890 cal

### CHILI AND SPAGHETTI 4.39 | 330 cal

### ITALIAN SPAGHETTI 4.39 | 240 cal

### CHICKEN FINGERS AND FRIES

5.19 | 670 cal

### MAC AND CHEESE 4.49 | 450 cal

One classic side dish may be substituted for Kids Meal fries. See buffet for calorie declarations.

## LIMITED TIME OFFERS

### BUFFALO BITES 'N FRIES

6.99 | 1400 cal

## GET YOUR PUMPKIN ON!

### PUMPKIN CHEESECAKE

3.99 | 460 cal

### PUMPKIN SPICE CARAMEL CAKE

3.49 | 640 cal

### PUMPKIN PIE

3.49 | 530 cal

## Desserts



### HOT FUDGE CAKE

Vanilla ice cream sandwiched between two fudge cakes, smothered with hot fudge and topped with whipped topping and a cherry.  
3.99 | 660 cal

### MILK SHAKES

Chocolate, Vanilla or Strawberry

**Small 3.79 | 590-750 cal**

**Medium 4.59 | 730-980 cal**

## Appetizers

### CHILI CHEESE TOTS OR FRIES

3.99 | 680-730 cal

### HAND-BREADED FRIED MUSHROOMS

4.99 | 370 cal

### HAND-BREADED FRIED PICKLES

3.99 | 310 cal

### JALAPEÑO POPPERS

5.49 | 550 cal

### MOZZARELLA CHEESE STICKS

5.29 | 570 cal

### With your choice of dipping sauce:

Frisch's Homemade Blue Cheese, Buffalo, Italian Meat Sauce, Frisch's Homemade Ranch and Frisch's Original Tartar Sauce.  
45-380 cal

## Beverages

**Free refills** for the following beverages in the dining room.

Coca-Cola®	Mello Yello®	Hi-C®Flashin'®
Diet Coke®	Sprite®	Fruit Punch
Coke Zero Sugar®	Barq's®	Dr. Pepper®

**Add a flavor:** Cherry, Vanilla, Strawberry or Chocolate. +60¢ | +35-40 cal

### SOFT DRINKS 2.29 | 0-160 cal

### KIDS SOFT DRINKS 1.79 | 0-120 cal

For children under the age of 12

### RED MUG SIGNATURE COFFEE 2.19 | 0 cal

### FRESHLY BREWED HOT TEA 2.19 | 0 cal

### FRESHLY BREWED ICED TEA 2.19 | 0-120 cal

**No free refills** on the following beverages.

**JUICE** Simply Lemonade®, Simply Apple®, Simply Orange®  
1.89 | 160 cal

### MILK AND CHOCOLATE MILK

**Small 2.19 | 200-330 cal**

**Large 2.59 | 260-440 cal**

### HOT CHOCOLATE 2.29 | 140 cal

## Breakfast

Served all day (except where noted).



### BREAKFAST BAR

8.79 | Monday-Friday — served until 11am

9.99 | Saturday and Holidays — served until 1pm

Sunday — served until 2pm

Breakfast Bar with Fruit is priced per person for dining room consumption only. For their safety, children under the age of 12 should be accompanied by an adult. Selections will vary. See buffet for calorie declarations.

### BUILD YOUR OWN OMELETTE

Choose one protein (bacon, chorizo, ham or sausage), plus two vegetables (onions, peppers, mushrooms, spinach or tomatoes), plus cheese (cheddar, american, provolone or swiss), a side of hash browns and toast. Additional protein +1.00 | +70-200 cal  
Additional vegetable +75¢ | +10 cal  
Egg Whites available +1.00 | -120 cal  
8.79 | 470-600 cal

### BIG BOY'S CLASSIC BREAKFAST

Two eggs\* any style, hash browns, toast and jelly, with bacon, sausage, ham or turkey sausage.  
6.69 | 660-1075 cal

### HOG HEAVEN BURRITO

Bacon, sausage, egg, cheese and hash browns.  
4.99 | 750 cal

### BUILD YOUR OWN BURRITO

Egg and cheese burrito with your choice of bacon, chorizo, ham or sausage.  
4.19 | 830-1070 cal

### BISCUITS 'N GRAVY

Two biscuits — served during Breakfast Bar hours only.  
3.99 | 840 cal

### PRIMETIME™ BREAKFAST SANDWICHES

Egg and cheese, plus your choice of ham, bacon, sausage or goetta, on a buttered, grilled brioche bun.  
4.59 | 600-940 cal



Make someone smile  
with a Frisch's gift card!  
[www.frischs.com](http://www.frischs.com)



= Big Boy Favorite

A 2,000 calorie daily diet is used as the basis for general nutrition advice; individual needs may vary. 1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4-8 years and 1,400 to 2,000 calories a day for children ages 9-13 years, but calorie needs vary. Additional nutrition information available upon request.

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.