

Entrée Salads

CHICKEN BLT SALAD

Crispy or grilled chicken, bacon bits, tortilla strips, tomatoes, cheese and lettuce.

7.29 | 540-750 cal

COBB SALAD

Deli-style turkey, bacon, cheddar cheese, blue cheese crumbles, chopped egg, red onion, tomatoes and lettuce.

8.39 | 510 cal

Choose Your Dressing: Balsamic Vinaigrette, Frisch's Homemade Blue Cheese, French (fat-free), Honey Mustard (fat-free), Italian, Frisch's Homemade Ranch and Frisch's Homemade Thousand Island. | 30-320 cal

Soups and Chili — Served all day.

At Frisch's, we take great pride in making our own soups and chili in the Frisch's Kitchen using fresh ingredients. Vegetable soup and chili are served every day along with a rotating soup of the week.

VEGETABLE SOUP OR SOUP OF THE WEEK

Ask about our current selections.

Cup 2.29 | 140-550 cal | **Bowl** 3.19 | 280-1100 cal

CHILI WITH BEANS

Cup 3.49 | 300 cal | **Bowl** 4.59 | 600 cal

Soup, Salad 'n Fruit Bar

MONDAY-FRIDAY — AFTER 11AM

SATURDAY AND HOLIDAYS AFTER 1PM, SUNDAY AFTER 2PM

Selections will vary. See buffet for calorie declarations. 7.99 per person.



Classic Sides

APPLESAUCE 1.09 | 120 cal

 **HAND-BREADED ONION RINGS** 3.19 | 410 cal

SWEET POTATO FRIES 2.69 | 470 cal

TOSSED SALAD 2.59 | 90 cal

2.29 Sides

BAKED APPLES 210 cal

COLE SLAW 190 cal

COTTAGE CHEESE 110 cal

 **CRINKLE CUT FRIES** 440 cal

GREEN BEANS 30 cal

MASHED POTATOES & GRAVY 190 cal

MACARONI & CHEESE 220 cal

SPICY SPUDS 330 cal

STEAMED BROCCOLI 25 cal

TATER TOTS 490 cal

Beverages

Free refills for the following beverages in the dining room.

Coca-Cola®	Mello Yello®	Hi-C®Flashin'
Diet Coke®	Sprite®	Fruit Punch
Coke Zero Sugar®	Barq's®	Dr. Pepper®

Add a flavor: Cherry, Vanilla, Strawberry or Chocolate. +60¢ | +35-40 cal

SOFT DRINKS 2.29 | 0-160 cal

KIDS SOFT DRINKS 1.79 | 0-120 cal

For children under the age of 12

RED MUG SIGNATURE COFFEE 2.19 | 0 cal

FRESHLY BREWED HOT TEA 2.19 | 0 cal

FRESHLY BREWED ICED TEA 2.19 | 0-120 cal

No free refills on the following beverages.

JUICE Simply Lemonade®, Simply Apple®, Simply Orange®
1.89 | 160 cal

MILK AND CHOCOLATE MILK

Small 2.19 | 200-330 cal

Large 2.59 | 260-440 cal

HOT CHOCOLATE 2.29 | 140 cal



Carew Tower

CARRYOUT MENU



Make someone smile
with a Frisch's gift card!
www.frischs.com



= *Big Boy Favorite*



A 2,000 calorie daily diet is used as the basis for general nutrition advice; individual needs may vary.
Additional nutrition information available upon request.

Carew Tower Frisch's

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FOR CATERING AND DELIVERY OPTIONS, EMAIL US AT
CAREW@FRISCHS.COM

Burgers, Sandwiches & Wraps

Served all day.



BIG BOY®

1/4 lb. of beef* with cheese, lettuce, pickle and Frisch's Original Tartar Sauce on a double-decker bun.
4.59 | 720 cal



SUPER BIG BOY™

1/2 lb. of beef* with cheese, lettuce, pickles and Frisch's Original Tartar Sauce on a double-decker bun.
6.89 | 1260 cal



BRAWNY LAD®

1/4 lb. of beef* with a slice of onion on a toasted rye bun.
4.49 | 470 cal



BUDDIE BOY®

Deli-sliced ham topped with melted Swiss cheese, tomatoes, lettuce and Frisch's Original Tartar Sauce on a toasted French roll.
4.59 | 520 cal



SWISS MISS

1/4 lb. of beef* with Swiss cheese, lettuce and Frisch's Original Tartar Sauce on a rye bun.
4.59 | 730 cal



FISH SANDWICH

Two hand-breaded, crispy cod fillets with lettuce and Frisch's Original Tartar Sauce served on a toasted bun.
6.59 | 700 cal

GRILLED CHICKEN SANDWICH

Grilled chicken breast with lettuce and mayonnaise.
Available as a Crispy Chicken Sandwich. 850 cal
5.79 | 560 cal

GRILLED CHEESE

Made with Frisch's homemade Texas toast.
4.59 | 520 cal

CHICKEN CLUB WRAP

Crispy chicken breast with bacon, tomatoes, lettuce, carrots, cheddar cheese and ranch dressing wrapped in a tortilla.
Available as a Grilled Chicken Club Wrap. 700 cal
5.79 | 920 cal

TURKEY CLUB WRAP

Fresh roasted turkey breast with bacon, tomatoes, lettuce, carrots, cheddar cheese and ranch dressing wrapped in a tortilla.
5.79 | 670 cal

PRIMETIME™ CLASSIC CHEESEBURGER

Premium ground beef* with melted cheddar cheese and Frisch's Original Tartar Sauce on a brioche bun.
6.89 | 1090 cal
Add Bacon +1.00 | +70 cal

PRIMETIME™ MUSHROOM & SWISS CHEESEBURGER

Premium ground beef* with melted Swiss cheese, sautéed mushrooms and onions served on a brioche bun.
7.09 | 1020 cal

PRIMETIME™ SOUTHWEST VEGGIE BURGER

Black bean burger with salsa, red onions and leaf lettuce served on a brioche bun.
6.49 | 530 cal

Make it a Combo

Large +4.50 Includes a 32 oz. drink and large fries.
Regular +3.50 Includes a 20 oz. drink and regular fries.

Dinners

Add Soup, Salad 'n Fruit Bar +6.29.

CRISPY CHICKEN TENDERS

Five crispy, white-meat chicken tenders with your choice of sauce. Served with two classic sides and a freshly baked dinner roll.
9.29 | 1005-1910 cal | **3 PC. Dinner** 6.89 | 685-1590 cal

GRILLED CHICKEN BREAST

Skinless chicken breast lightly seasoned in marinade and grilled. Served with two classic sides and a freshly baked dinner roll.
8.79 | 425-1330 cal
Available with Teriyaki Marinade +1.00 | +45 cal

CHILI AND SPAGHETTI

Our chili with beans, spaghetti and Parmesan cheese. Served with one classic side and garlic toast.
6.89 | 905-1370 cal

ITALIAN SPAGHETTI

Served with one classic side and garlic toast.
6.89 | 745-1210 cal

TRADITIONAL FISH & CHIPS

Three crispy cod fillets and crinkle cut fries. Served with Frisch's Original Tartar Sauce.
9.99 | 1550 cal

Breakfast

Served all day (except where noted).

HOG HEAVEN BURRITO

Bacon, sausage, egg, cheese and hash browns.
4.99 | 750 cal

BUILD YOUR OWN BURRITO

Egg and cheese burrito with your choice of bacon, chorizo, ham or sausage.
4.19 | 830-1070 cal

BISCUITS 'N GRAVY

Two biscuits — served during Breakfast Bar hours only.
3.99 | 840 cal

PRIMETIME™ BREAKFAST SANDWICHES

Egg and cheese, plus your choice of ham, bacon, sausage or goetta, on a buttered, grilled brioche bun.
4.59 | 600-940 cal

Appetizers

CHILI CHEESE TOTS OR FRIES 3.99 | 680-730 cal

HAND-BREADED FRIED MUSHROOMS 4.99 | 370 cal

HAND-BREADED FRIED PICKLES 3.99 | 310 cal

JALAPEÑO POPPERS 5.49 | 550 cal

MOZZARELLA CHEESE STICKS 5.29 | 570 cal

With your choice of dipping sauce: Frisch's Homemade Blue Cheese, Buffalo, Italian Meat Sauce, Frisch's Homemade Ranch and Frisch's Original Tartar Sauce. | 45-380 cal

Desserts

HOT FUDGE CAKE 3.99 | 660 cal

MILK SHAKES Chocolate, Vanilla or Strawberry
Small 3.79 | 590-750 cal | **Medium** 4.59 | 730-980 cal

LIMITED TIME OFFER

BUFFALO BITES 'N FRIES
6.99 | 1400 cal

ASK
about our
LIMITED TIME OFFERS!

Kids Meals

Kids Meals for children 12 and under.

Includes a choice of Kids Soft Drink or Small Milk Juice +20¢. Kids Milk Shakes +90¢.
Free refills on Kids Soft Drinks only.

KIDS SOUP, SALAD 'N FRUIT BAR

A la carte 6.89
Add to your Kids Meal +4.59
Free Kids Soup, Salad 'n Fruit Bar for each child under the age of 3 with each adult Salad Bar purchased. Beverage not included with Free Kids Soup, Salad 'n Fruit Bar.

PANCAKES WITH BACON OR SAUSAGE

4.79 | 820-950 cal

GRILLED CHEESE AND FRIES

4.49 | 690 cal

HAMBURGER AND FRIES 4.39 | 850 cal

With Cheese 4.59 | 890 cal

CHILI AND SPAGHETTI 4.39 | 330 cal

ITALIAN SPAGHETTI 4.39 | 240 cal

CHICKEN FINGERS AND FRIES

5.19 | 670 cal

MAC AND CHEESE 4.49 | 450 cal

One classic side dish may be substituted for Kids Meal fries.
See buffet for calorie declarations.

A 2,000 calorie daily diet is used as the basis for general nutrition advice; individual needs may vary. 1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4-8 years and 1,400 to 2,000 calories a day for children ages 9-13 years, but calorie needs vary. Additional nutrition information available upon request.

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.